

Lisbon is a historical city full of stories to tell, where **the sun shines 290 days a year** and the temperature rarely drops below 15 degrees celsius. Here are some of our local tips to help you enjoy it as we do !

RESTAURANTS

- ***Lisbon is a food lovers paradise but let us clue you in on a few things..***
- Bread, cheese, olives, cold meats etc that are put on the table are not included, if you want to eat them, they will go on your bill. If you don't, just ask for it to be taken off the table
- Lunch service is 12pm-3pm, Dinner is from 7pm onwards with most people eating at 9pm or later in summer
- If the menu has pictures on it, pass ! If they are chasing you to sit down, pass !
- Look for hidden doors, narrow streets, shabby/chic tables and very average translations for the most authentic portuguese food

SOME OF OUR FAVOURITE RESTAURANTS

- Portuguese Piri Piri chicken (Bom Jardim)
- Traditional restaurant in an old palace (Casa Do Alentejo)
- Amazing Japanese food (Tasca Kome)
- African food and beers (Cantinho Do Aziz)
- Typical Pastelaria (Tentação)
- Viking bar with craft beers and food everyday until 2am (Trobadores)
- Porto wine Bar (Tabuas)
- Anthony Bourdain's favourite seafood restaurant in Lisbon (Ramiro)
- Brunch and health food cafe (Frutaria)
- Pizza (Dama e Vagabundo)
- Tapas and wine bar (By the Wine)
- Asian Fusion, GF, VG (Boa-Bao)
- Vegan delights (AO 26 Vegan Food Project) plus so much MORE !

THE CITY OF 7 HILLS

- There are way more than 7 hills, sorry !
- The whole of the city center is within 25 mins walking radius of Praça da Figueira, Baixa, OUR DOOR
- The population of Lisbon proper is 545,000 people

UBER / TAXIS

- UBER is cheaper, about 9 euros to airport, 15 minute drive
- The taxi drivers can be untrustworthy, so map your route if you are taking a taxi, a good rule of thumb is approx 1 eur per 1 min
- To and From the airport by taxi will be between 10 - 16 euros and at a max 20 euros for the trip (whole car not per person), which takes about 15mins. PLUS 2 euros per piece of luggage

TRAM 28 IS USUALLY A NIGHTMARE...BUT THE TRACKS MAKE A GREAT WALKING PATH !

- Please do not take the 28 TRAM, unless it is very early or late or there is no line.

- There are also pickpockets around and inside the trams so be aware of your things.
- Everywhere that it goes you can walk to, uber, tuk tuk or taxi to, depending on your mobility.
- You will most likely take the **Tram 15 to Belem**, which isn't usually as busy OR...(6 euro UBER)

METRO TICKET

- **Works for metro, bus, trams and ferry NOT trains.**
- The metro ticket is reusable
- Can only be loaded with money in the metro and not on the street or any other transport.
- Use the metro ticket on the trams, it is cheaper and takes less effort than buying a ticket on the tram
- Buy the metro ticket in your closest metro stop or in the metro stop of Praça da Figueira, which is Rossio metro. As this is where the tram 15 departs from to Belem.

BAIXA DISTRICT

- Exact City Centre and the only totally flat area of Lisbon
- Drink a glass of traditional Portuguese cherry liquor in the shop where it originated at **´A Ginjinha, Registrada´** Largo de São Domingos, 8, Rossio. Very near to **Rossio Square**.
- Restaurant **´Casa Do Alentejo´** a very traditional Portuguese restaurant set in an old Palace at *Rua das Portas de Santo Antao, 58, Baixa*. Get the GPS out for this one because it is a very inconspicuous entrance to what doesn't look like a palace at all from the outside. The most famous thing to eat from here is **´Alentejana´** which is the most famous dish from Alentejo region of Portugal, it is pork meat with clams and fried potatoes.
- (Use the website **´Zomato´** to look up and see if you like, it is the most popular and reliable restaurant reviewing site for Lisbon).
- **Commercio square**, the biggest public square. Go to **Vini Portugal, wine tasting rooms** to learn a little about Portuguese wines and the regions they are from
- **Rua Augusta**, the main avenue of Baixa with the big Archway, can take an elevator to top of the arch
- **Topo Martim Moniz**. A complex of a few restaurants and an amazing terrace with a view to the Castelo. On top of a dodgy looking Chinese shopping mall called *Centro Comercial Martim Moniz*. Go inside and take the strange elevator to the top.
- **Avenida Da Liberdade**. The main avenue with all the designer stores and a beautiful pedestrian strip up the middle filled with cafes, leading up to **Parque Eduardo VII**, which has a great view from the top.
- **RAMIRO - BEST SEAFOOD IN LISBON**. We call it the seafood mafia because they get all the best produce to their restaurant somehow...Go at lunch by 12pm or if its dinner go at about 7pm or 6:30pm if you can. The line gets long and they do not take bookings. Its fast service and very informal. The most famous things to eat there are the tiger prawns **´Camarao tigre´**.

CASTELO SAO JORGE

- **The Castelo Sao Jorge** has a beautiful 360 degree view over the whole city
- It is not covered on free walking tours because it is a paid entrance

- 20 minute trek up there so if you are a bit tired take the bus '737 CASTELO' from Praça Da Figueira to the Castelo, then take the bus back down to Praça da Figueira after
- The castelo is open from 9am to 9pm from May to October

GRACA DISTRICT

- **This is the highest hill of them all**
- **Miradouro da Senhora do Monte** is the highest of the viewpoints and the best spot for sunset.
- It takes about 20mins to walk up hill from Baixa to the viewpoint.
- Its free ! As are all of the 'Miradouros' which are the natural viewpoints created by the hills of the city

ALFAMA DISTRICT

- Alfama is a maze of azulejos (portuguese tiles), narrow cobbled streets and ancient houses, which lead up the steep hill from the Tejo River to the Castelo de São Jorge
- Head inside the **Se cathedral** for FREE, it is the first church built in Lisbon by the Portuguese
- Continue up the hill by following the tram tracks of the 28 (by walking, don't get in it)
- The tracks will lead you to the **Miradouro das Portas do Sol** (doors to the sun viewpoint)
- Then to the **Miradouro de Santa Luzia** (viewpoint with beautiful tiles and Bougainvillea)
- Across to the **National Pantheon** the final burial place of many important Portuguese, including the poet Luís de Camões and the explorers Vasco da Gama and Henry the Navigator.
- Tuesday there is a flea market on called '**Feira da Ladra**' = " Fair of the Theives ", in Campo da Santa Clara, just above the National Pantheon. It happens every Tuesday and Saturday from about 9am to 3pm and is a historically run trash and treasure market.
- '**Chapito**' Costa do Castelo 7. A beautiful venue with a lot of different parts. The entrance is a little trinket shop, with stairs down to an esplanade restaurant with a view to the bridge and river, another restaurant with a better view and the basement with live music every night. The music is usually Brazilian, samba or music from Guinea and Cuba, but on Tuesday and Thursday it is always FADO, the Portuguese Music.

CHIADO DISTRICT

- Shopping district with many great boutiques, esplanades, book shops and buskers.
- **Carmo Ruins**, what remains of the Carmo church after the earthquake of 1755. A church with no roof !
- Find the rooftop terrace, '**Topo Chiado**' it has an amazing view to the Castelo, Santa Justa lift and Senhora do Monte. Try a portugues gin ! Sharish is our favourite..
- Have a **Santini** ice cream !
- See '**Cafe A Brasileira**' the first cafe in the whole of europe where you could drink a Brazilian coffee for the first time, Fernando Pessoa's favourite spot and a beautiful art deco style cafe with live music always in front
- Shop at '**A Vida Portuguesa**'. Rua Anchieta 11, Chiado. The best place to see all types of Portuguese products made in Portugal by Portuguese people.
- Browse at '**Vista Alegre**' a stunning store with Portuguese crockery and crystal wear

- Go to **‘Manteigaria’** to eat the best Pastel de Nata (custard tart) in the city centre
- See **Praça Luis de Camoes**, the public square at the top of Rua Garret the main street of Chiado
- FIND **Park Rooftop bar**, Calçada do Combro 58, the entrance is an underground parking lot and you need to take the lift to the top to find it. Go during the afternoon or evening between 4-6pm, it gets very busy for sunset.
- Restaurant **‘Taberna Portuguesa’** Calçada do Combro 115, Very close, just across the road from Park rooftop bar. It is strictly Portuguese food and products only and in a tapas style sharing experience. The guys are lovely and the owners are usually there waiting the tables.
- Restaurant **‘Sea Me’** very nice fish, seafood and sushi restaurant.
- Grab some clams in the style *“bulhao pato”* at **“Casa Da India”**, a very traditional portuguese restaurant with good prices and traditional loud/fast/abrupt service. Go ahead and get a glass of Planalto (white wine) and enjoy dipping some toasted bread with butter into the clam sauce of white wine, garlic and coriander.

PRINCIPE REAL DISTRICT

- On the hill opposite the hill of the Castelo, above Baixa.
- Affluent area with boutiques, Gardens, restaurants and cafes.
- **Miradouro de Sao Pedro Da Alacantha** (viewpoint) and the **Elevador da Gloria** right next to the viewpoint, which is a tram that does up and down Calçadada da Gloria. Connecting Principe Real down to the Square Restauradores (baixa district) (very close to Rossio Square)
- **Embaixada** (shop in old embassy building)
- **Jardim Botanico** Principe Real (botanical garden)
- **Lost in** Esplanada cafe, Rua Dom Pedro V, 56D, Príncipe Real. Perfect for an afternoon snack and taking in the view.
- **‘Igreja de Sao Roque’** Sao Roque Church. Looks very unassuming from the outside but inside is stunning. The church contains some of the finest examples of Portuguese Baroque religious art and designs, with gold leaf covering all surfaces and alters of beautiful carved details. It has one of the most expensive alters ever constructed, which was transported to Rome to be blessed by the Pope, before being returned and rebuilt in Lisbon.
- **‘Hot Clube’** Jazz club with live performances most nights, opened in 1948 and is very well rated as one of the best in Europe.

BAIRRO ALTO DISTRICT

- Bar district until 2am, Also with some good restaurants.
- **‘Tasca Do Chico’** Rua do Diário de Notícias 39. A busy Fado bar in the bar district of Bairro alto, only need to buy a drink to be able to sit and listen. Its small and gets busy so if you can go between 6-9pm it is easier because most people listen to Fado after dinner. Fado singing originated on the ships of the sailors during the discoveries age and was typically sung by prostitutes, but when it migrated to the land in Lisbon it became the traditional music of the country. It is always accompanied by a Portuguese 10 string guitar and traditional guitar.

- There are literally hundreds of bars in this district that get busy from around 10pm to 2am.
- **Bar Janela Da Atalaia.** A cocktail bar of a friend who will whip you up anything you like, I always get an espresso martini or a gin and tonic. This bar is a DIVE, not fancy at all but also not a touristic bar that makes only 1/2 litre cocktails. It would be if you wanted to see how the night life is but not in a bar full of tourists.
- **Double 9** A very nice cocktail bar just on the skirt of Barrio Alto.

CAIS DO SODRE DISTRICT

- The district below Chiado, from Comercio square along the river to the Cais Do Sodre Train Station.
- Full of restaurants, bars, shopping and more.
- Walk from Comercio Square along the river to **Mercado Da Ribeira (Timeout Market)** A food market open from 10am to 12am each day with stalls from 25 restaurants and chefs from around the city, its essentially a fancy food court, it's worth to have 1 meal there, maybe lunch, it gets very busy.
- **The Pink Street** is where everyone goes from 2am to 6am to go to the bars and clubs.
- BEFORE this time it is nice to walk the street and see how the bridge hovers over it.
- **Sol e Pesca** is a lovely little restaurant on this street which does tapas with all types of Portuguese canned fish. Go around 7:30pm, before 9:30pm.
- **O Bom, o Mau e o Vilão** - R. do Alecrim 21 - Jazz and Cocktail bar
- **Pensao Amor** - Used to be a brothel for the sailors but now a busy bar on the pink street, with the original artwork and some funny quirks.

BELEM DISTRICT

- Outside the city centre a few kms west along the river.
- Take the **TRAM 15** from Praça da Figueira to Belem, a 40min ride. Using your metro ticket, charged in Rossio metro. Not buying a paper ticket on the tram, double the price.
- See the **Jeronimos Monastery** where you will exit the tram in Belem when you arrive.
- The gardens opposite as you walk towards the river and take the underpass under the train line
- See the **Monument to the Discoveries**
- Continue walking along the river to the **Belem Tower**
- Then Back close to the monastery to have a **Pasteis de Belem** (go inside and take a seat don't wait in the take away line)

LX FACTORY

- Under the replica of the Golden Gate Bridge
- On the tram 15 on the way back from Belem, stop at 'Calvario' under the bridge.
- Here you have LX FACTORY, a cute little restored industrial hub covered with street art and graffiti which is now cafes, boutiques, a tattoo shop, small galleries and a rooftop restaurant called **Rio Maravilha**.
- Go also to the **bookshop cafe** it has an old printing press inside.
- Village underground (shipping containers and empty trams with cafes) is also very near, check opening hours though.

CACILHAS DISTRICT

- Take the ferry from Cais Do Sodre to Cacilhas, it takes 20mins to get across the river by ferry and is 1 trip on your metro card
- From here you can catch the **bus 101 to see the 'Cristo Rei'** The replica of the christ statue in Rio, it has a very nice view from the top
- Then back to the **Restaurant Ponte Final** to eat and watch the sunset over the city from the other side.
- During summer people also catch buses (124 OR 135) from **Cacilhas to Costa da Caparica**, a very pretty beach on that side of the river

CASCAIS DISTRICT

- Catch the train from Cais Do Sodre to Cascais
- Affluent little beach town with a real european beach vibe.
- Famous because during WWII spies and important families from all across Europe moved to Cascais.
- **Rent a bike and ride from Cascais to Guincho beach**, very scenic.
- Chill out at **Praia da Rainha** and enjoy the beach cafe, order a sangria to your day bed, relax under the shade of your umbrella while reading your favourite book !

This is a bit more than you will be able to do but just pick out the things that interest you most, then if you need to know something more we are happy to help.